



## Antigonish 55+ Games

Antigonish, Nova Scotia

THURS. JUNE 16<sup>th</sup>, FRI. JUNE 17<sup>th</sup>, & SAT., JUNE 18<sup>th</sup>, 2016

**REGISTRATION FORM:** Please print. One form per person.

*REGISTRATION DEADLINE: FRIDAY, June 10th, 2016: NO REGISTRATIONS WILL BE ACCEPTED AFTER THIS DATE!  
(Early bird fees apply to registrations received on or before FRIDAY, JUNE 3<sup>rd</sup>, 2016)*

|  |                                       |
|--|---------------------------------------|
| Name: _____  | Phone #: _____                        |
| Mailing Address: _____   | Postal Code: _____                    |
| E-Mail: _____  |                                       |
| Are you 55 years of age or older?: Yes _____ No _____  |                                       |
| <b>ALLERGIES ~ MEDICAL CONDITIONS ~ DIETARY REQUIREMENTS</b><br>(PLEASE LIST ANY CONDITIONS WHICH ARE SERIOUS IN NATURE) |                                       |
| _____<br>_____   |                                       |
| Health Card #: _____   | Emergency Person and Contact #: _____ |

**Antigonish 55+ GAMES SCHEDULE**  
 Thursday Afternoon Activities  
 Friday Morning, Afternoon, & Evening Activities  
 Saturday Morning Activities  
**Lunch: Saturday, 12PM – 1PM**  
 Saturday Afternoon Activities  
**Evening Dinner & Official Ceremonies starting at 6PM**

An evening of music and dancing featuring the Rennie Brothers and One Stop Entertainment will follow dinner.

**Please select with a check mark (✓) the activities for which you would like to register.**  
**Registrations will be processed on a first received first served basis.**

**THURSDAY JUNE 16<sup>th</sup>: AFTERNOON ACTIVITIES**

| Select | Activity                           | Location                       | Details   | Team/Partner Names                                |
|--------|------------------------------------|--------------------------------|---|---|
|        | <b>GOLF<br/>2 PM<br/>(9 holes)</b> | Antigonish Golf & Country Club | Participants are encouraged to register as a team of 4. We will do our best to create teams for those who register individually. For golf club non-members there is an additional green fee (\$25 without cart, \$35 with cart) to be paid with this registration form. No additional fees for members of Antigonish Golf & Country Club. | Teammate 1:<br><br>Teammate 2:<br><br>Teammate 3: |

**FRIDAY JUNE 17<sup>th</sup>: MORNING/AFTERNOON/EVENING ACTIVITIES**

| Select | Activity                                       | Location             | Details   | Team/Partner Names             |
|--------|--|----------------------|---|--------------------------------|
|        | <b>8-BALL POOL TOURNAMENT<br/>9 – 11:30 AM</b> | Dooly's Antigonish   | Participants register individually.   | <b>Not Applicable</b>          |
|        | Option 1:<br><b>BOWLING<br/>9 - 12 PM</b>      | Pins Bowling Alley   | Participants are encouraged to register for this activity as a team of 5. We will do our best to create teams for those who register individually. <u>Please select 1 of the 2</u> bowling options. | Teammate 1:                    |
|        | Option 2:<br><b>BOWLING<br/>1 - 4 PM</b>       |                      |   | Teammate 2:                    |
|        |  |                      |   | Teammate 3:                    |
|        |  |                      |   | Teammate 4:                    |
|        | <b>5KM WALK/RUN<br/>6 – 7 PM</b>               | Antigonish Landing   | Participants register individually.   | <b>Not Applicable</b>          |
|        | <b>PREDICTED TIMED WALK<br/>7- 8 PM</b>        | Columbus Field       | Participants register individually.   | <b>Not Applicable</b>          |
|        | <b>DARTS<br/>7- 11 PM</b>                      | Beech Hill Fire Hall | Participants register as a team of three.   | Teammate 1:<br><br>Teammate 2: |

**SATURDAY JUNE 18<sup>th</sup>: MORNING ACTIVITIES**

| Select | Activity   | Location  | Details  | Team/Partner Names    |
|--------|--|---|--|-----------------------|
|        | <b>PICKLEBALL<br/>9-10:15 AM</b>                           | St. Andrews School<br>Gymnasium   | Participants register individually.  | <b>Not Applicable</b> |
|        | <b>CRIBBAGE<br/>9 AM – 12 PM</b>                           | St. Andrews Community Centre  | Participants register in pairs.  | Partner name:         |
|        | Option 1: <b>OUTDOOR SHUFFLEBOARD<br/>9 AM – 10:30 AM</b>  | Outside St. Andrews Community Centre  | Participants register in pairs. Please select only <u>1 of the 2</u> shuffleboard options. | Partner name:         |
|        | Option 2: <b>OUTDOOR SHUFFLEBOARD<br/>10:30 AM – 12 PM</b> |   |  |                       |
|        | Option 1: <b>Newfie Toss<br/>9 AM – 10:30 AM</b>           | St. Andrews School Soccer Field<br>(Rain location in St. Andrews Fire Hall) | Participants register in pairs. Please select only <u>1 of the 2</u> Newfie Toss options.  | Partner name:         |
|        | Option 2: <b>Newfie Toss<br/>10:30 AM – 12 PM</b>          |   |  |                       |

**SATURDAY JUNE 18<sup>th</sup>: AFTERNOON ACTIVITIES**

| Select | Activity                                       | Location  | Details                                | Team/Partner Names    |
|--------|--|---|--|-----------------------|
|        | <b>INDOOR SHUFFLEBOARD<br/>1 PM – 2:30 PM</b>  | St. Andrews Community Centre: Seniors Room  | Participants register in pairs.        | Partner name:         |
|        | <b>BOCCE BALL<br/>1PM – 2:30PM</b>             | St. Andrews School Soccer Field<br>(Rain location in St. Andrews School gym with alternate equipment) | Participants register in pairs.        | Partner name:         |
|        | <b>FLOOR CURLING<br/>1PM – 3PM</b>             | St. Andrews Fire Hall   | Participants register individually.    | <b>Not Applicable</b> |
|        | <b>PROGRESSIVE 45'S<br/>1PM – 3:45PM</b>       | St. Andrews Community Centre  | Participants register in pairs.        | Partner name:         |
|        | <b>WASHER TOSS<br/>2:30PM – 5PM</b>            | St. Andrews School Soccer Field   | Participants register in pairs.        | Partner name:         |
|        | <b>LEARN TO NORDIC WALK<br/>3:15 – 3:45 PM</b> | Outside St. Andrews Community Centre  | Participants register individually.    | <b>Not Applicable</b> |
|        | <b>BEAN BAG TOSS<br/>4PM – 5PM</b>             | St. Andrews Fire Hall   | Participants register in individually. | <b>Not Applicable</b> |

**REGISTRATION FEES:**

- \$10: Activity and Saturday lunch registration. This includes activities Friday & Saturday (not golf) & lunch Saturday.
- \$25: Early bird registration (submitted on or before June 3<sup>rd</sup>, 2016). This includes activities Friday & Saturday, lunch & evening dinner followed by evening entertainment on Saturday. (Does not include golf fee).
- \$30: Regular registration (submitted after June 3<sup>rd</sup>, 2016). This includes activities Friday & Saturday, lunch & evening dinner followed by evening entertainment on Saturday. (Does not include golf).
- \$25 for 9 hole round of Golf - without cart at Antigonish Golf & Country Club on Thursday, June 16<sup>th</sup> at 2pm. You must also pay at least the basic \$10 Activity and Saturday lunch fee with your golf fee.
- \$35 for 9 hole round of Golf- with cart at Antigonish Golf & Country Club on Thursday, June 16<sup>th</sup> at 2pm. You must also pay at least the basic \$10 Activity and Saturday lunch fee with your golf fee.

**TOTAL FEES ENCLOSED:** \_\_\_\_\_

**MAIL OR DROP OFF COMPLETED FORM TO:**

Town of Antigonish Recreation, 274 Main Street, Antigonish, B2G 2C4  
OR

Antigonish County Recreation, 285 Beech Hill Road, Antigonish, NS B2G 0B4

(Enclose cheque or money order with your registration form payable to “**Seniors Getting Involved Association**”)

**FOR MORE INFORMATION CONTACT:** Jenny Bowie (P): 902-968-0055 (E): [antigonishsgia@gmail.com](mailto:antigonishsgia@gmail.com)

**REFUNDS**

Participants wishing to withdraw from the program must notify Jenny Bowie by phoning 902-968-0055 or emailing [antigonishsgia@gmail.com](mailto:antigonishsgia@gmail.com) no later than 12pm noon, June 10<sup>th</sup> to obtain a full refund.

**PLEASE NOTE: Participants will receive confirmation of their registration in the week prior to the event.**